

Memorize

Read this introduction and Scripture together before discussing.

In Psalm 19, we catch a profound glimpse of how God's commands and principles provide guidance and health to our souls. The Psalmist revels in the wisdom of God's statutes, painting them as trustworthy, radiant, and life-giving. God's instructions aren't just rules to follow; they are a wellspring of spiritual renewal.

The law of the Lord is perfect,
refreshing the soul.

The statutes of the Lord are
trustworthy,
making wise the simple.

The precepts of the Lord are right,
giving joy to the heart.

The commands of the Lord are radiant,
giving light to the eyes.

The fear of the Lord is pure,
enduring forever.

The decrees of the Lord are firm,
and all of them are righteous.

They are more precious than gold,
than much pure gold;
they are sweeter than honey,
than honey from the
honeycomb.

By them your servant is warned;
in keeping them there is great
reward.

But who can discern their own errors?
Forgive my hidden faults.
Keep your servant also from willful sins;
may they not rule over me.

Then I will be blameless,
innocent of great transgression.

May these words of my mouth and this
meditation of my heart
be pleasing in your sight,
Lord, my rock and my Redeemer.

—Psalm 19:7-14

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Discuss the Scripture

Observe the ways the Psalmist describes the commands, statutes (laws), precepts (principles), and decrees (orders or decisions) of the Lord. What stands out to you?

- 01 The Psalmist treasures God's orders and decisions as more precious than gold and sweeter than honey. What value do you place on them in your own life, and how do they affect your daily choices?
- 02 Reflect on verses 12 and 13. Discuss the relationship between God's forgiveness and being named blameless and innocent. What does this tell us about God's character?
- 03 Pay attention to the last verse (v14). What is the Psalmist's prayer and desire? Note how the Psalmist addresses the Lord: "my rock and my Redeemer." Discuss the significance of these things together.

Discuss the practice

- 01 What is one small step you can take to weave Scripture memorization into your current daily habits?
- 02 What intrigues you most about the idea of memorizing Scripture, and what are your hopes for how it will begin (or continue) to shape your life?
- 03 Let's talk about how memorizing Scripture helps us navigate temptation in our lives. Share a time when a specific verse guided you through a tough situation. Or share a Scripture that is helping you through a current tough situation.
- 04 Let's talk about how memorizing Scripture can shape our understanding of God's character and his promises. Share a specific verse that has changed the way you see God. Or share a Scripture that you need right now in order to understand God in a new light.